



UTTARANCHAL
DENTAL & MEDICAL
RESEARCH INSTITUTE



**BROCHURE
B.D.S & M.D.S**



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DENTAL & MEDICAL
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PROSPECTUS

FOR:
Admission | Registration
Bachelor of Dental Surgery Course

RECOGNIZED BY:
Ministry of Health & Family Welfare Govt. of India
& Dental Council of India
New Delhi, India

AFFILIATED TO:
Hemwati Nandan Bahuguna
Garhwal Central University
Srinagar (U.K.) 248274



UTTARANCHAL
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FOUNDER'S MESSAGE

Mr. V.S. Pandey
Founder Chairman & Managing Director



The Gangotri Human Resources & Development Society, Allahabad (U.P.) is a registered public charitable society formed with the aim of rendering social and public services to the poor and needy section of the society and providing education and medical facilities for the state, national and international levels. The founder Chairman Mr. V.S. Pandey is the visionary and core force of the society to achieve what the society stands for.

The society would not have seen the light of the day but for the distinct farsightedness and extra-ordinary approach of the founding Chairman has been engaged for long in social, education, and medical service for the society. It is because of his zeal, enthusiasm, determination, patience, and perseverance that

the society and its projects have been given shape and progress. The Institute of Dental and Medical Sciences, along with Uttarakhand Hospital within the campus, has been conceptualized as a center of excellence in dental and medical sciences training and research.

Society has achieved the target of establishing a dental institute with excellent teaching and research facilities. Its B.D.S. degree has been recognized by the Govt. of India, Dental Council of India, and its affiliation with Hemwati Nandan Bahuguna Central University, Srinagar, Gahrwal Uttarakhand, thus this dream project has come to its existence with its rightful name as "Uttarakhand Dental and Medical Research Institute". The first batch of B.D.S. course was admitted from academic session 2006 onwards and the first batch of MDS was admitted in 2016. B.D.S. and M.D.S. courses are both recognized by the Govt. of India, Dental Council of India.

DIRECTOR'S MESSAGE

Arun Pandey
Director

It gives me immense pleasure to address the doctors of tomorrow who have decided to fulfill their dream and serve the mankind through this noble profession.

UDMRI is an institute built with the aim of providing the society with dentists who excel in the field of medicine and can accept the challenges of today's world with confidence. We strive to help them reach the highest of clinical and academic level and develop their full range of interests.

The college provides you all the latest equipment and facility so

that you can make the most of your potential. UDMRI has a friendly atmosphere with good teacher-student interaction, with the senior staff also residing in the campus. We are always there to attend to the needs of the students.

The college also provides you with good extracurricular and recreational activities. Hope this information will make your decision very easy and encourage you to join UDMRI.



MEDICAL DIRECTOR'S MESSAGE

Dr. Preeti Pandey
Medical Director

"Education is the most powerful weapon which you can use to change the world"
– Nelson Mandela.

Dear Friends,

UDMRI was established in 2006 with its first batch of BDS students graduating in 2011, affiliated to HNB Garhwal University. With an extremely humble start, growing in our own exemplary ways, we have witnessed a monumental growth to the current establishment. Our first batch of MDS students graduated in 2019 with flying colours. Over the years our students have made us proud in academics as well as extra

circular activities throughout the country. Our efficient team works relentlessly thus making the students competent and skilled professionals, and proficient in the healthcare arena. These achievements would not have been possible without the support of each and every member of UDMRI especially the faculty, nursing, paramedical and administrative staff, as well as the students. We as an institution believe in upgrading new skills, spreading awareness through dental camps, having subsidiary rates of treatment for people with lower income and working hard to deliver latest dental services consistently.

I hope the students of UDMRI continue to excel in their careers and hold this institution in high esteem and be proud of it.

Thank you.



CURRICULUM

Total duration of the course in five years

During this period, professional examinations are conducted by the university, one at the end of each academic year. The subject examined in these professional exams are as followed:

I PROFESSIONAL

- General Human Anatomy including Embryology
- Osteorology and Histology
- General Human Physiology
- Dental Materials
- Biochemistry, Nutrition and Diets

II PROFESSIONAL

- General Pathology and Microbioligy
- General and Dental
- Pharmacology and Therapeutics
- Oral and Dental Anatomy, Physiology and Histology

III PROFESSIONAL

- General Medicine
- Osteorology and Histology
- Oral Pathology and Microbiology
- Genearl Surgery

IV FINAL PROFESSIONAL

- Orthodontics
- Periodontics
- Prosthetics, Crown and Bridge
- Conservative, Dentistry and Endodontics
- Oral Medicine and Roentgenology
- Oral Surgery, Local Anesthesia and General Anesthesia

The institute imparts B.D.S. training in accordance with the rules laid by the Dental Council of India, New Delhi and Hemwati Nandan Bahuguna Garhwal Central University, Srinagar (U.K). The institute is affiliated to the said university for the purpose of examination and awards of B.D.S. degree.

AGE

The candidates should have completed 17 years of age before 31st December of that commencing session of studies. The candidate should be medically fit.

CATEGORIES OF SEATS AND SELECTION PROCEDURE

There are 2 categories of seats; 50% state quota reserved for the domicile students of Uttarakhand and 50% All India/Management quota, open for all India students who have qualified through NEET examination.

SELECTION PROCESS

QUALIFICATION

The applicant should have passed the 12th standard of U.P.Board or equivalent examination of any recognized Board/University with the subjects Physics, Chemistry and Biology and should have obtained a minimum of 50% marks in Physics, Chemistry, and Biology. All selections, in the first instance, would be provisional to be confirmed after counseling.

A selection can be canceled if secured through fraudulent means or the candidate is found ineligible.

The Aspiring student should be qualified in NEET examination of the current academic year.

COURSES

Bachelor of Dental Surgery (B.D.S.)

Uttaranchal Dental and Medical Research Institute is permitted to admit 100 students for BDS Course in each academic year. B.D.S. is a four-year undergraduate course followed by one year of internship which is mandatory to obtain the degree and registration.

Curriculum

General Human Anatomy

Thorough knowledge of General Human Anatomy is inculcated in students with special emphasis on head and neck by means of cadaver dissection and detailed study of hard and soft tissues of the human body.

Physiology and Biochemistry

Physiology is concerned with specific characteristics and mechanisms of the human body that make it a living being. The department trains the student with a goal to explain the physical and chemical factors that are responsible for the origin, development and progression of life.

Biochemistry provides a sound knowledge of various biochemical reactions relevant to the human system for life sustenance. Various biochemical tests performed on blood and urine samples, collected from healthy and diseased individuals make the student understand how it contributes to diagnosis, prognosis, and treatment of disease.

General Pathology and Microbiology

Pathology is a bridging discipline involving both basic science and clinical practice and is devoted to the study of the structural and functional changes in cells, tissues, and organs that underlie disease. The department is well equipped with various molecular, microbiologic, immunologic, and morphologic techniques to explain, why and wherefore of the signs and symptoms manifested by the patient, thus providing a sound foundation for rational clinical care and therapy.

General Medicine

The majority of medically compromised patients need oral health care; hence a working knowledge of the multitude of compromised conditions is essential for dental professionals. The students acquire knowledge and skills of analyzing findings from the patient's history, and signs and symptoms.

General Surgery

In general surgery, students are familiarized with the principles of general surgery and common general surgical procedures. Evaluation of patients for general anesthetic techniques and management of emergencies along with intravenous sedation is taught.

Oral Pathology

Oral Pathology is the discipline of Pathology that deals with the nature, identification, and management of diseases affecting the hard and soft tissues of oral and maxillofacial regions. The student is trained in the science of histology and pathology of oral and maxillofacial region, utilizing state of the art digital microscopy and LCD projection system. The department also undertakes more advanced exercises which provide methods for drawing and carving teeth from wax, allowing the student to become intimately familiar with tooth shape and terminology.

Pedodontics

Pediatric Dentistry is an age-defined specialty that provides comprehensive preventive and therapeutic oral health care for infants and children through adolescence, including those with special health care needs. Students are trained in aspects of child psychology, behavior management, preventive dentistry, interceptive orthodontics, management of decayed teeth and traumatic injuries. They are trained in radiology pertaining to children, dental health education, and school dental health programs.

Periodontics

Periodontics encompasses the prevention, diagnosis, and treatment of diseases of the supporting and surrounding tissues of the teeth. Students are trained in case analysis, treatment planning maintenance, supportive and surgical periodontal therapy.

Orthodontics

The department trains students in immaculate history taking, methodological examination of the patient, performing diagnostic procedures and management of dentofacial deformities.

Conservative Dentistry

The students are trained to have complete knowledge of aetiology, pathophysiology, diagnosis, and management of dental caries, trauma, restorative and endodontic procedures. Students use advanced materials like composites, glass ionomers, varnishes and sealants, dentin bonding, and light cure systems.

Master of Dental Surgery (M.D.S.)

It is a post-graduate course and the duration of the course is 3 years.

Eligibility Criteria for M.D.S.:

B.D.S. Degree from any institution which is recognized by the Dental Council of India.

Conservative Dentistry and Endodontics: 2 Seats
Orthodontics and Dentofacial Orthopedics: 3 Seats
Periodontology: 2 Seats
Prosthodontics & Crown & Bridge: 2 Seats

ACHIEVEMENTS | PUBLICATIONS

Oral Medicine & Radiology

- **Nagesh Upreti (4th Year BDS student):**
First prize in the essay competition in the National Undergraduate Essay Competition held by Indian Oral Medicine & Radiology in 2015 on the topic Role of Dentists in Prevention of Oral Cancer.
- **Ankita Roohja (4th Year BDS student):**
Third prize in the essay competition in the National Undergraduate Essay Competition held by Indian Oral Medicine & Radiology in 2018 on the topic Role of Oral Medicine and Radiology Specialist in Comprehensive Oral Care: My Perspective.
- **Dr. Sonal Oberai (Senior Lecturer):**
First prize in the essay competition in National Faculty Essay Competition (of Specialties other than Periodontology) held by Indian Society of Periodontology in 2018 on the topic The Periodontal and Restorative Interface- Considerations and Interventions.

Prosthodontics

- Reattachment of fractured crown fragment in permanent dentition: Clinical consideration- Uttaranchal State Dental Journal, 2003.
- The right impression for the right prosthesis- Uttaranchal State Dental Journal, 2003.
- Dilemma of the mental foramen during implant placement – A case report- Dental Journal Research & Review, 2009.
- Predictable implantology- A planned approach- Dental Ocean, 2010.
- Limited mouth opening, A challenge in complete denture prosthodontics; A case report- Indian Journal of Dental Sciences, 2011.
- Ceramic laminate veneers: A conservative approach to esthetics- Indian Journal of Dental Sciences, 2011.
- Van Der Woude syndrome- Indian Journal of Dental Sciences- Journal of Research and Advancement in Dentistry, 2014
- Comparative evaluation of signs of temporomandibular joint dysfunction and occlusal discrepancies in asymptomatic men and women: A cross-sectional study. (Original research)- Indian Journal of Dental Sciences, 2018.

Public Health Dentistry

- The department successfully organizes NO Tobacco Day, Oral Health Day, Oral Hygiene Day, Women's Day, National Public Health Dentistry Day, National Dentist's Day, Children's day, World's Health Day, Oral Health month etc. celebrations in the dental college and hospital and nearby villages and schools every year wherein general public (children, adult and old age people) gets educated on the harmful effects of tobacco, benefits of cleaning teeth every day, awareness towards oral health and suggesting ways to stop tobacco intake, methods of tooth brushing and how to maintain good oral health.
- Department also participates in public awareness programmes organized by the government of Uttarakhand.
- Beti Bachao Beti Padhao Abhiyan
- Screening and Treatment Programmes organized by Khel Mandal Doiwala
- Currently, two satellite dental clinics are functional under this department.
- Also, two villages are adopted under this department for providing oral health care to the rural population of the villages.
- Regular school oral health programmes are being conducted in the two schools adopted by the institute.
- Department conducts more than 100 camps every year.

Conservative Dentistry & Endodontics

- An evaluation of heat-cured composite resin inlay-An in vitro study- Uttaranchal State Dental Journal, 2003.
- Your guide to cracked teeth- Souvenir Uttaranchal State, 2005.
- Endodontic failures- "Changing the challenge"- Dental World, 2009.
- Flare-ups in endodontics- Dental Journal Research and Review, 2009.
- Delayed replantation-A case report- Dental Journal Research and Review, 2010.
- Ceramic laminate veneers: A conservative approach to esthetics- Indian Journal of Dental Sciences, 2011.

- Insight to three-dimensional imaging in endodontics- Indian Journal of Dental Sciences, 2011.
- Case reports of acute fluoride toxicity- Indian Journal of Dental Sciences, 2013.
- Endodontic treatment of mandibular anteriors with two root canals- A case report- Journal of Dental Excellence, 2017.
- Antifungal efficacy of herbs- Oral Biology and Craniofacial Research, 2018.
- Advances in composite resin materials: a review.- Indian Journal of Contemporary Dentistry, 2019.

Orthodontics

- Horizontally impacted maxillary central incisor-A case report- Indian Journal of Dental Sciences, 2012.
- Serial extraction- Let's revise- Journal of Indian Dental Assoc. (Roorkee- Haridwar), 2012.
- Extraction of permanent first molar with developmental anomalies: A dilemma!- Heal Talk, 2012.
- Restoration of esthetics using laminate veneer: A case report- Heal Talk, 2012.
- Dental crowding & its correlation to tooth size & arch dimension: A review- Heal Talk, 2012.
- Case reports of acute fluoride toxicity- Indian Journal of Dental Sciences, 2013.
- Van der Woude syndrome- Journal of Research and Advancement in Dentistry, 2014.
- Congenital agenesis of unilateral maxillary canine: A case report and discussion- Journal of Research and Advancement in Dentistry, 2015.
- Unilateral condylar hypoplasia: A case report and discussion- Journal of Research and Advancement in Dentistry, 2017.
- Molar distalization with deciduous anchorage. A case report- Journal of Research and Advancement in Dentistry 2018.

FEE

As per the rules and regulations of the Govt. of Uttaranchal as well as the ruling of the Hon'ble Supreme Court of India, the fees for the B.D.S. course will be collected from the selected candidates as per the present scheme given in accordance with guidelines by DCI & Govt. of Uttarakhand under various heads like tuition fees, caution deposit, university registration fee, campus development fee & students' welfare fund, sports-game fee, etc.

The selected candidates are requested to get detailed information from the institute in advance.

An undertaking to pay any amount that may become due as and when the fee structure is revised should be given to the institute by the candidate along with his/her parent guardian at the time of admission.

Hostel Fee

Hostel fee once deposited will not be refunded. The hostel fee is to be paid to the college office every year for the complete year irrespective of the student joining the hostel in any month of the year.

Supplementary Examination Fee

Students failing in any academic year shall pay extra fees to the university for the re-examination and certification.

If a candidate fails or does not appear in the supplementary examination he/she shall repeat the academic year and pay the tuition fee.

Refund of the Fee

01 After the confirmation of admission, if the student desires to leave the college in between the session, fees deposited by the student will not be refunded.

02 The fees and the charges paid at the time of admission or during the course are not refundable. However, the caution money will be refunded when the student leaves the institute after the award of B.D.S degree by the affiliating university and after he/she gets the NOC from the competent authority of the institute.



LOCATION



Nestled in the mountain ranges of the Himalaya, Dehradun is the Provisional Capital of Uttarakhand. It is a favoured tourist destination as it attracts tourists, pilgrims, and enthusiasts from various walks of life to its serene environs.

Site Characteristics

The prestigious Uttarakhand Dental & Medical Research Institute is established in Dehradun the capital of Uttarakhand, India. It is conveniently located at Mazri Grant, Doiwala, Haridwar road, Dehradun being 28 km. from the center of Dehradun and 27 km from Haridwar. The Himalayan Institute of Medical Science, its associated hospital is just 6 km. away on the neighboring Rishikesh Road. The nearest railway station is Doiwala situated at 8 km. distance. Transport is available round the clock, to and from Dehradun as well as Doiwala, through Tempo, Taxi and Bus services every half a minute on nominal charges. The campus measures around 48 Bighas of land having all the future expansion programmes. The whole campus is self sufficient, saturated in all respects, with distinctive oasis of place, tranquility, noise free, pollution free, surroundings, devoted to promote excellence in any scientific endeavor.

Climate

The climate of the district is generally temperate. Most of the rainfall in Dehradun is received during the months from June to September.

How to Reach UDMRI

Dehradun is well connected by road, rail, and air from all over India. The college is only 24km from Dehradun. Direct buses are available at Inter State Bus Terminal (ISBT), New Delhi.

By Air

The nearest airport is Dehradun (Jolly Grant), 18km from Rishikesh. Daily flights are available from Delhi to Dehradun (Jolly Grant).

By Rail

Dehradun is well connected by rail to all major cities of India.

By Road

The institute is on the highway NH-72 hence the availability of public and private transport is very good.

FACILITIES

RESOURCE CENTRE

The library is a physical manifestation of the vision to distinguish the college as a centre of resources in the knowledge era.

A library with a seating capacity of 150 and put together are spread over 400 sq. mts. This library has an enviable collection of more than 2500 volumes of national and international acclaimed books. The library ensures the provision of all support activities like audiovisual room, book bank, etc.

This library subscribes to over 100 journals and magazines of national and international publications. Nearly all the available newspapers are within the easy reach of the students.

The library is fully computerized using integrated software. It has greatly facilitated the task of searching book journals, articles, titles, references, and research projects.

The library lends textbooks on a professional basis for each subject. This saves the expenditures of the students. Learning is enhanced through the regular availability of books for every student.



BOARDING

The campus has separate twin-occupancy hostel facilities for boys and girls. The Boys' Hostel is located right next to the campus. Recreational facilities are also provided to the inmates. The Girl's hostel is also placed opposite the boys' hostel.

Each Hostel has a warden who is usually a faculty member to supervise and address any grievances. Admissions are made on a first come first served basis and every inmate is to conduct himself/herself as per prevailing rules and regulations. Right of admission and right of expulsion rest with the authorities.

A dispensary with a qualified doctor on call 24 hours a day is available. Besides attending to the medical needs of the students, staff, and others in campus, the doctor also carries out routine medical checkups of the students every month.



SPORTS

At UDMRI we believe in the overall development of an individual. So as not to remain confined to excellence only in academics there is avid participation by the students in various sports activities.

There is a Volleyball court in the college premises and we also have a fully equipped gymnasium. For the enthusiastic sports lovers of our college, we conduct an annual sports week in our college which involves both track and field events along with indoor games.





CAFETERIA

In order to satisfy the appetites of the students and to give them a break after a day's hard work, the institute campus has a relaxing and comfortable cafeteria. The cafeteria is intended for college students. It is in a separate building.

The cafeteria not only provides the students of the campus with mouth-watering dishes but is also one of the most happening places in the campus with all the students gathering there to discuss their new experiences in the

campus. This is the place to reinvigorate tired spirits through lip-smacking delicacies.

Healthy and hygienic meals are served in the college cafeteria by a professionally managed catering company. The cafeteria provides much-needed appetizer breaks in a cozy atmosphere. The cafeteria services are available round the clock at highly reasonable prices.





UTTARANCHAL HOSPITAL

It is a unit of UDMRI, Mazri Grant , Dehradun. It is a hundred bedded Hospital situated on the campus running from August 2009. There is an outpatient and in-patient department. Daily O.P.D patient number is approximately 500 in different specialties. Hospital is providing preventive and therapeutic services in the periphery by organizing programmes every fortnight with the help of local responsible people. Pathology Lab and Radiology Department are well equipped. Major OT, Minor OT, Labour room, ICU, ICCU are working in this hospital since the first day of opening.

A Medicine Shop is attached to the hospital. This general hospital is disseminating health services and clinical knowledge. B.D.S. students are obtaining clinical training through both medical and surgical activities in the hospital.

EVENTS



AFFINITY



MANZAR



GENERAL NOTES

- **01** The Dental Institute is run by the registered education society U.P. India, which is subject to various rules of the Govt. of India/Uttarakhand, Dental Council of India and University control. If for any reason beyond the control of this institution the student has to continue his/her education, the institution or society will not be liable for any damages.
- **02** Please do not send the original certificates along with the application. These should be produced and submitted when called for. Failure to submit the originals at the time of admission will result cancellation of selection.
- **03** Incomplete applications and those received late are liable to be rejected.
- **04** The Management will not be responsible for any loss or delay of the application or any miscommunication in transit.

- **05** The rules and regulations made or that may be made in the future for the governance of the Institute, must be followed by the candidates.
- **06** Any rules, acts and laws enacted by the government in the interest of the nation should be undertaken by the student that so long as the student, as a candidate of the college, will do nothing which may result in disciplinary action against him under rules mentioned.
- **07** The student while studying in the institute, if indulging in Anti-national activities contrary to the provisions of Acts and Laws enforced by the Government or Institute will be expelled from the college without prior notice by the principal or any other competent authority of the college.
- **08** Ragging is a cognizable offence leading to imprisonment and summarily expulsion from the college. Ragging of students in any form within or outside the institute is not allowed.

- **09** Students should be regular and punctual in attending classes and clinics. Attendance required to be qualified in taking university examinations is not less than 75% in lectures and 75% in clinics and practicals.

A student shall not be certified for examination if his/her progress, conduct & attendance are not satisfactory.
- **10** Students must use aprons and uniforms of the prescribed pattern when working in dissection hall laboratories or hospital. Every student shall carry an identity card supplied by the college.
- **11** Smoking, drinking (alcohol), use of drugs, and possession of any type of weapon are strictly prohibited in the institute.
- **12** Damage to the property of the institute, hostel, and hospital like tampering with instruments, equipment, books, furniture, vehicles, fitting, etc. will be viewed seriously and will likely result in instant expulsion from the college and/or monetary penalization.

- **13** Students are bound to the rules and regulations made by the institute from time to time.
- **14** The Principal reserves the right to take any disciplinary action from warning to expulsion from the institute or the hospital. He/She has the right to cancel any admission without giving any reason.
- **15** The decision of the management shall be final in the interpretation of matters mentioned in the prospectus.
- **16** For matters concerning that of the Government, University, or Dental Council of India: The changes effected by the authority shall be applicable. Timely alteration or addition shall be done by the principal. No liability lies with the institute authorities for the same.

- **17** Rules and instructions mentioned in this prospectus are subject to change without prior notice at the instance the management of the institute accepts no liability arising out of such changes which may be noted. The changed rules shall come into force immediately unless specified otherwise.
- **18** The entire syllabus for the concerning B.D.S. course is decided by the affiliating University/Dental Council of India, New Delhi.
- **19** After passing the first year B.D.S examination, transfer to other dental colleges is permissible only after paying the fees of the remaining three years by the candidate and after the approval from Govt, of India.
- **20** There are bonus points given by the Chairman/ Managing Director/Director /Principal for creative activities like sports, cultural activities, N.S.S., and patriotism that will help the student in his future career.
- **21** The tuition fee and other fees are decided by the authority of the college as per Govt, of Uttarakhand and will be applicable as decided by the management of the institute.

- **22** All the transactions communication leading to any dispute shall be subject to court/jurisdiction at Uttarakhand High Court only. All disputes will be settled under the jurisdiction of the Uttarakhand High Court.
- **23** For matters concerning that of the Government, University, or Dental Council of India: The changes effected by the authority shall be applicable. Timely alternation or addition shall be done by the principal. No liability lies with the institute authorities for the same.
- **24** Fees once deposited will not be refunded under any circumstances.
- **25** It is presumed that at the time of submission of the admission form, all the regulations, general notice, and conditions have been read by the candidates and his/her parent guardians who witness his/her acceptance.



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GOVERNED BY:
GANGOTRI HUMAN RESOURCES &
DEVELOPMENT SOCIETY

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